Volume 30 Issue 1

Spring 2024

Our Mission Statement

Journey Home is a Comfort Care Home. Our goal is to provide guidance and support to individuals and their families as they journey through the dying process. 994 Long Pond Road Rochester, NY 14626 (585-225-1240) www.journeyhomegreece.org

Celebrating 25 Years of Serving the Community

From the Heart of the Director.....

It's late at night and I am trying to comprehend 25 years of service, caring and love at Journey Home. It's hard to put into words the fullness of life and the journey through end of life of just under 600 people and their families. To differentiate the many individuals, both residents and of our wonderful volunteers is pretty much mind boggling.

We have each been touched in different ways by the many lives we have shared in. The building of our tapestry of Journey Home, the stories we have shared, the tears we have cried and the laughter and joy we have embraced. The paths we have walked together through personal struggles, saying goodbye over and over again whether it be our residents, or our volunteers or our own personal losses. Each journey, each piece of the tapestry has brought us to this moment of reflection, grace, and the preciousness of life itself. The threads slightly worn remain strong and firm holding our home together.

Our residents have taught us much over the years. The value of listening, of being silent of not judging and rather accepting of the many gifts they have offered. The learning of how to deal with distraught and sad families who struggle to let go; we have learned patience, the full strength and pain of grief and our need to embrace their pain. We have seen and felt the pain of loss and how one struggles for healing. We have shared around our own office table how to survive, how to love again and how to know "it's OK." We staff and volunteers have dealt with difficult issues and have learned the hard knowledge that we cannot fix people or their lives but rather embrace them and move forward to find peace on the journey.

How do I begin to thank the many supporters who have walked beside us all these years? We have had so many board members who have shared their talent, their time and their treasure. How do I begin to tell my staff that they have helped to give me life in the gravest of times and our volunteers who are truly family?

Gratitude is a beautiful word to describe how the community has and does embrace us. I pray they can see the love of Journey Home and the peace we offer to those on their journey. Life is precious until the moment we die... Dying is a natural part of life... And as we continue forward with grace, dignity and a humble spirit, I am reminded of my motto:

We can do no great things but rather small things with great love." — Saint Mother Teresa

Thank you for a quarter of a century of joy. I wish all of you Peace,

Tracey Jagla, RN,BSN Director

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Volunteer Spotlight

I am honored to know April Honan as one of our newer Resident Care Volunteers. April is kind, generous, and thoughtful. Her joy is contagious and an asset when she volunteers. I know that she has recently earned her Black Belt—an accomplishment I admire and appreciate for the hard work and dedication it requires.

Following are some thoughts April shared about volunteering at Journey Home:



"My name is April Honan. I started volunteering at JH a little over a year ago. Usually, I work the 4:00 pm-8:00 pm shift on Mondays or Wednesdays. My full-time job is working for the Greece school district as an aide in an autism room. I've been doing that for the last 6 years and love what I do working with kids in grades K-2. My life changed drastically in 2018 when my husband, after a long illness, passed away at Strong in Hospice. I learned there how wonderful and vital this care can be. Everyone there was dedicated to making the most out of the time my boys and I had with my husband. It was very special.

Fast forward to one of our own, Cindi Sywulski. She was a member of my church and a group that I joined called "Stephen Ministers." For years, I had driven by Journey Home thinking I should volunteer there someday. So, finally I asked to talk to Cindi about it. She gave me the push I needed to join. I want to be able to show people there is sadness but also can be happy times too. Death is not the end. And there is something very special in knowing that you will see your loved one again. That is what I focus on giving to others. Belief.

SPECIAL GIFT

We received an incredible gift presented to us by Shawn Barkley, Senior Contract Manager of Finger Lakes Performing Provider System.

FLPPS was awarded a Capital Restructuring Financing Program grant by the Dormitory Authority of NYS through the NYS Department of Health.

As part of this award program, under FLPPS a set of community-based organizations were identified as underserved and potentially benefitting from grants ability to fund Capital IT investments. From the Summer of 2022 and concluding in March 2024, 134 Finger Lakes region community-based organizations were able to take advantage of this CRFP grant. More than 3,000 brand new computers are now in the hands of the Finger Lakes work force in addition to many other capital project investments.

We are pleased to be recognized by this agency and proud to accept this grant which is updating and gifting us with not only 2 computers, 2 high end fax/printers, but also a router to help everything to work more efficiently. In addition, this has also offered our home exposure in the business world.

The Journey Home staff and board extend our gratitude to Shawn and his company for recognizing us in this special way!

For all who donated to our *Special Mass Mailing* this year, we humbly *Thank You*. Your continued generosity helps us to continue the gentle care we offer here at Journey Home.

Looking Through The Window...

Standing in the doorway of the Fireside room, it's a touching site watching Fr. Ed Palumbus talking with our dear resident Mary, only 64. The family is sharing, some laughter, some prayer, some good memories of life, now sacred. It never ceases to amaze me how life is fully alive even in the moments before death...

This is a hard one. Cindi, our volunteer for over 18 years, lies in the bed on the Creekside. She came to us wanting to share the end of her life with us. She insisted on it and was supposed to have died within hours. Instead, we shared in her life over Thanksgiving, Christmas and the new year too. It was a long hard journey, but she lived



gracefully as she had cared for others, gracefully all those years with us.

Ahhh, Lucille. Such a lovely lady. A blast from the past for some of us. Her family was and is a gift to us. Lucille came to us openly and honestly ready for her journey. She never exhibited fear or distrust but rather embraced her path with great faith, a great sense of humor and the knowledge that she was "going home." What a gift to watch and learn from.

Followed by Dot who too embraced the reality of her journey. Such a special lady who adored her family and could not thank us enough.

Earlier in the day, we sat in the office and shared our own stories and how much our residents resonate in us hope for the journey. I leave the house feeling satisfied and once again, humbled by life at our little home on the corner of Long Pond and Vintage Lane.

In Loving Memory

Rosemary Cruppi Mary Caprarella Dorothy Bell Marie Gramlich Cynthia Sywulski Diane Weezorak Lucille Ventura Dorothy Emerson Henrietta Drayton



CALL OUR FUNDRAISING HOTLINE FOR REGISTRATION INFORMATION ON OUR UPCOMING EVENTS~585-500-1981

JAMMIN' FOR



CELEBRATION! SUNDAY, JUNE 9TH (1-6PM)

HILTON EXEMPT CLUB 137 South Ave, Hilton, NY 14468





GRAVITY

FEATURING MUSIC FROM NOAH BARNARD, SOUL ENCOUNTER AND "O" GRAVITY

FOOD VENDORS | CASH BAR | 50/50 RAFFLE | BASKET/PRIZE RAFFLES





Walker Name: _

Phone Number: _____

Donation Amount:

Cash or make checks payable to "Journey Home"

Sponsor List

	Name	Phone Number	Donation Amount
1.			
2.			
3.			
4.			
5.			
6.			
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Total Donation:

Journey Home's 29th Annual Golf Classic

JOURNEY HOME'S <i>29th</i> ANNUAL GOLF CLASSIC Monday, August 5, 2024 Ridgemont Country Club 3717 W. Ridge Road Rochester, NY 14626			
Registration Form			
Platinum Sponsor @ \$1,200 (4 Golfers)			
Gold Sponsor @ \$600 (2 Golfers)			
□ Silver Sponsor @ \$300 (1 Golfer)			
□ Bronze Hole Sponsor @ \$125			
□ Program Sponsor @ \$50			
Name:			
Company Name:			
Address:			
City: State: Zip			
Phone:			
E-mail:			
(Please check the appropriate boxes)			
Golf, lunch & hors d'oeuvres @ \$165/person			
I'm unable to participate. Enclosed please find my donation to Journey Home, Inc.			
Please reserve my player position(s)			
□ Positions @ \$165 each (or as per above)			
Name (team captain):			
Phone #:			
Other members of my foursome are:			
Name:			
Name:			
Name:			
Please make check payable to Journey Home, Inc.			
In a separate envelope, please mail this completed registration form along with your check to the address below by, Friday , July 19, 2024 .			
Journey Home, Inc.			
Attention: <u>Golf Classic</u>			
994 Long Pond Road			
Rochester, NY 14626			

A Day of Golf & Fun

11:00 AM - 12:00 PM - Registration & Box Lunch (course side)
12:00 PM - Four Person Scramble Shotgun Start
4:30 - 5:30 PM - Cocktails & Hors d'oeuvres (cash bar)

Any questions? Please contact:

Warren Hasman at warrenhasman@gmail.com



Come enjoy a memorable day of golf, good times and camaraderie, while raising money for a great cause! Get some of your friends together & join us! We really appreciate your support!

PayPal

Visit our website at www.journeyhomegreece.org to make a PayPal donation with your credit card.

United Way #2212



Visit <u>uwrochester.org</u> and choose Donor Option #2212 to designate Journey Home as your donor choice agency.

~ Testimonials ~

On behalf of our entire clan, thank you for taking such good care of our beloved Cindi. It is obvious why she chose Journey Home as her final place to die. Your great care and support for her was wonderful. Her humor and compassion was met by all of your humor and compassion. What a great way to meet Christ, surrounded by love and care.

We are more than blessed and grateful for the loving care you gave our mother, Lucille. Your perfect attention to her needs amid ours made for a peaceful transition and gave comfort to us all. I could not have asked for any better blessing from this!

Words cannot express the gratitude my family feels for the loving care all of you provided my mom. The compassion, patience and love that all of you cared for her with will always be remembered. We can't begin to thank you for all the love and support you not only gave to our beautiful mom, but you gave to us. You gave us the ability to be her children again and not her caregiver. In this truly difficult time, she was comfortable body and soul. You treated her not like a patient, but like you would want your own mother cared for. For that we can't thank you enough!

We want to extend our heartfelt gratitude for the compassionate care and support provided to our beloved sister-in-law, Lucille, during her time with you. Your dedication and kindness made her final journey peaceful and dignified.

Thank you all for the anointed time my mom spent with you all! You made a difficult season of life much sweeter. The care and love, the fellowship and comfort each nurse and volunteer gave mom, Nancy and I was the best it could be. In this world of craziness, you showed us love, compassion, care each step of the process!

COMINGS AND GOINGS AT JOURNEY HOME







Our new beautiful Christmas tree!



Fun decorating.





Celebrating our night aide, Shardae and her partner, Izzy's, upcoming arrival of their baby girl, Illyana, with a mini baby shower. Grandma-to-be, Taisha, another night angel looks on.



Some of our nurses enjoying snack time!



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The Board of Directors & Staff of Journey Home send warm wishes for a healthy, fun Spring & Summer!



Journey Home's Wish List

- Gift cards from BJ's, Wegmans, Tops, Home Depot, Lowes, Staples or Walmart
- Stamps—regular and post card
- Bath & Body Works Hand Soaps, Body Wash and Lotions
- Paper goods—towels, toilet paper & tissues
- Tall kitchen garbage bags
- HE laundry detergent
- Unscented dryer sheets

- Extra Long Twin Mattress Pads
- Extra Long Twin Sheets
- Cleaning supplies
- Antibacterial Liquid Soaps
- Hypo-allergenic Baby Wipes
- Swiffer wet jet pads, Liquid Cleaner & Dusters
- White & Colored Copier Paper
- K-cups of coffee and tea