



Volume 27 Issue 1

Winter 2020-Spring 2021

Our Mission Statement

Journey Home is a Comfort Care Home. Our goal is to provide guidance and support to individuals and their families as they journey through the dying process.

Journey Home, Inc.

994 Long Pond Road, Rochester, NY 14626 (585-225-1240) www.journeyhomegreece.org

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From the Heart of the Director

appy New Year, Happy Valentine's Day and lastly, Happy almost Spring! We have missed all of you so much from the beeps as you drive by, the calls of hello and the donations to our cause. It's hard to believe that this COVID thing has lasted this long and we all want to hug, laugh and care again here at Journey Home. In that light, the staff and the board are working diligently to get us back to a place of caring. Between vaccinations, the weather and such, we are trying to open by Spring. It is a new year and we are afraid that we will be starting over after almost 22 years. We will need to beef up our funding, our socializing, our protocols and our volunteers. It is rather daunting to say the least. But in my heart of hearts, I do believe Journey Home is necessary and needs to welcome all again.

We still need to be extremely careful and will need to continue with only one bed open, limited visitors, masks and frequent cleaning. Back in August we welcomed the most wonderful lady—Louise and her awesome family. They were kind and gracious in light of the restrictions we needed to put in place. I for one am grateful for their kindness and patience as we tested the waters. We learned a lot and thus feel confident we can do this



again. We were open from August 10, 2020 until October 17, 2020. After a brief break, we had planned on reopening but were unable to get the needed support medically to reopen—between not being able to get in to see residents and the rising numbers. It has been a long few months. Some of our own have suffered losses and we pray for their families and their health.

Our golf tournament was an awesome success thanks to Warren Hasman, his team and Ridgemont Country Club. But alas, that is the only event we were able to hold.

Take a moment to count the blessings of COVID—for me it was being able to spend time with my husband. For others it was being able to spend time with kids, clean the house and enjoy meals together. Hopefully we can outweigh the negative cost of this pandemic and remember that we are survivors. Our home is standing without issue. We have been blessed with donations still coming in and with the love of this wonderful JH family. We have kept in touch via text, phone or Zoom.

In peace, I pray that you are all okay and eager to come back "home" whether in prayer or donation of your time, you are welcome. For all of the community, we want you to know that we are going to be here for years to come with your awesome support. May marks our 22nd year!

"We are each of us angels—only with one wing. And we can only fly embracing each other". (unknown author)

Peace.

The Broken Heart of the Director...(On a personal note)

"My heart is heavy with sadness, but also heavy with gratitude". My love, my husband John, passed away on October 10, 2020 after a short battle with cancer. He would have been 68 just 4 days later. We were blessed to be able to keep him home through his journey and he died peacefully in his own bed surrounded by our precious family.

It was perhaps the hardest journey I have ever walked and I am grateful God gave me the strength to walk it. If not for my Journey Home family, my dear friends of years and of course my beautiful kids and their spouses, I could never have managed. Things happened quickly and although John suffered great physical pain, he spoke often of how at peace he was. He would tell everyone, "I know where I am going" and based on some of the sunsets I witnessed this fall into winter, I would say he is definitely up there! John was a professional painter. Not just of houses but of paintings on canvas. He made many masterpieces, from his children to the paintings on my walls. Both reminders of his great love of painting. As many of you know he loved to talk! And he was quick to share his burden of this journey with many as he openly asked for prayers. He taught me so much and always made sure I knew

how much he loved me. Even with a gaping wound on his face, he made sure to kiss me good night and reminded me that I was the best part of his life. What a gift! We celebrated 39 years on August 7th and renewed our vows in front of a small group of our family (due to COVID). We didn't reach 40 but put three months in to getting there.

John was a major part of Journey Home and spent many hours in the planning stages, the building stages and then years of helping me maintain the home. Most importantly, he was my cheerleader, my confidant and my patient husband as we toiled through hours of JH in our life. I was lucky to have a good cook and house cleaner, allowing me time at my "other home," the home we built together on Long Pond Road and the home we built as a couple and as a family.

My tears have been captured in my masks and my heart remains broken but I am grateful for the love of my life, in my life and now watching me from above.

Thank you for all of your support, your patience, your love and your care, on this most difficult journey, we call life.

Tracey





A Butterfly frozen in flight Fluttered strong for years A wing broken and torn Weighted down with tears.

Faded colors once bright Resting on a breeze Drained from emotion Sun glowing through trees.

The gentle wind you blow The warm vibrant sun Upholds a weary me Sent from my beloved one!

Tracey





It has been our honor to love and care for these wonderful people and their families on their Journey Home 2019

Linda Kowalski
Dorothy Dapp
Laura Antochi
Robert Bell
Joanna Ames
Louise Rossi
Eugene Chesna
Stephen Hryvniak
Valerie Stiles
Juanita Fornataro
Christine Spring
Cathy McCarry

Brackett Brock

Don Sevio, Sr.

Mary Anderson

Lucile Ryder

Rosa Watkins

Sheila Sommers
Paula Vargas
Francesco L'Abbate
Agnes Hillyard
Sarah Michaels
Sandra Forte
Jean Doyle

2020

Mary Jo Whalen
Michelle Russo
Janet Cacciara
Dolores Blackmon
Elizabeth Romanowski
Joseph Centanni
Louise Conderman

Volunteer Corner

Due to the Covid-19 pandemic and associated safety guidelines we were not able to have our annual Volunteer Appreciation Luncheon this past year. Please know that we very much appreciate all that you do to keep Journey Home the wonderful, caring place that it is. Whether you are a resident care volunteer or a support care volunteer know that your contributions are valued.

Welcome to all our new and returning volunteers. It is good to have you helping to fulfill the mission of Journey Home. Many hands make light work. Some volunteers are leaving us and moving on to other chapters in their lives: Sue G., Rita K., Mary L., Susan P., Sharon I., John I. and Jackie J. We thank you for your time and support of Journey Home. If I inadvertently left anyone off this list, please know you too are appreciated!

Peace,

Cathy Miller Volunteer Coordinator

Looking Through The window...

What a site—there is snow on the ground at Journey Home. The wind is calm and I walk around the house checking doors

and the house for any issues. I stand amazed at the peace I feel. The creek is rolling over the rocks, the trees are gently swaying and for a moment, there are no cars on the road. A wreath was left on the fence...how nice.

As I wander inside the overly quiet house, I am aware of the lives touched here. I can almost hear crying, laughter, family visits being had. The volunteers sit together talking as if they have known each other their whole lives. Happiness reigns.

The laundry is done, the garbage cleared, the house is clean. The nurses, myself and our staff stop in to check the mail, the beeping answering machine, to sort and clean—just like we are doing at home.

It's not lonely, just quiet. As I leave the house, I stand reminiscing on the love of life in this house. It is not a house of death, rather it is a house of life where stories are told, laughter and tears are shed and simple but gentle goodbyes are spoken. Grateful am I, looking through the window of Journey Home.

Journey Home's 26th Annual Golf Classic

Our 26th Annual Golf Classic will be on Monday, August 2, 2021 at Ridgemont Country Club. There will be lunch and golf. The dinner remains up in the air, pending any CDC guidelines at that time.

We would like to send our sincere thanks for your past support. Please mark your calendars if you are able to join us again. We will be forwarding more information, and a brochure to past participants as it becomes available. The information will also be on our website.



We are grateful to Joey Danzig of Illuminating Expressions for her generous donation of updated light fixtures to JH. Thanks Joey!!









SAFARI ADVENTURE QUILT RAFFLE



For \$10.00 you can enter to win this beautiful quilt handmade by Sue Dettman
The size is 60" x 72."

Please send in check for \$10.00 including your name, address and phone number to: Journey Home Quilt Raffle 994 Long Pond Road

Rochester, NY 14626

Please mark "Raffle" on check

Drawing to be held on May 1, 2021

Looking for a way to help?
Shop our AmazonSmile Charity Lists
to donate items we need
amazonSmile



Remember to shop AmazonSmile instead of Amazon. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases Journey Home. AmazonSmile is the same Amazon you know. Same products, same prices, same service.

Support Journey Home by shopping at smile.amazon.com

United Way #2212



Make a donation through United Way to Journey Home Inc. by choosing **Donor Option #2212.**

To designate Journey Home as your donor choice agency, obtain a donor designation form through your campaign coordinator. Write "Journey Home" and number **"2212"**. Then return the designation form with your pledge.

To make a payment on-line, you may go to:

- uwrochester.org
- Click on the "Donate" button and complete the form
- Choose "Add Agency" and fill in the Agency Name and Code "Journey Home 2212"
- Add dollar amount in the box on the right.



994 Long Pond Road Rochester, NY 14626

Non-Profit Org. U.S. Postage PAID Rochester, NY Permit No. 1242



- ► Paper goods & cleaning supplies (Scott Towels)
- ▶ Gift cards from BJ's, Wegmans, Home Depot, Lowes or Walmart
- ► Stamps—regular and post card
- 2-pocket folders
- ► K-cups (tea & coffee—ours have expired)
- Ziplock Bags (all sizes)
- ► Tall and small kitchen garbage bag

- ▶ VOLUNTEERS
- Unscented Dryer Sheets
- Clorox spray for bath and kitchen
- Sponges
- Swiffer Dusters
- ► HP8710 ink for our copier machine
- ► Officejet Pro 952 ink for our printer



The Board of Directors and Staff pray all of you and your loved ones remain safe and healthy.