



# Tapestry



Volume 24 Issue 1

Spring 2018

## Our Mission Statement

Journey Home is a Comfort Care Home. Our goal is to provide guidance & support to individuals and their families as they journey through the dying process.



## **Journey Home, Inc.**

994 Long Pond Road, Rochester, NY 14626  
(585-225-1240)  
[www.journeyhomegreece.org](http://www.journeyhomegreece.org)

## *From the Heart of the Director.....*

***"We are on this earth only a short time. To be loved and cared for is the greatest gift one can give another on this journey called life."***

**Tracey Jagla**

The recent death of one of our founders, Thomas Beck, opened up a box of memories. This May we will begin the countdown to our 20th year of ministering to the dying. It took four years prior, to build our home, in our hearts and then as a physical building. Some 480+ persons later, I am moved to a humble state of mind.

We have lost to heaven several special people this year. It makes one stop and think of how fragile and short our lives really are. Each person was a special part of JH's history from its conception, to its completion. From its welcoming the first resident to its present state of doors wide open to all.

Tom Beck was a dear friend of my mom's and an original member of the group who founded and raised Journey Home. He followed through with years of service on our Board and later as a Deacon in the Catholic Church, he helped with some of our Pastoral needs.

Mary Loughborough was one of our very valued, original volunteers who gave of her heart and hands weekly until she could no longer do so physically.

Robin Sciacca was an incredibly gifted woman who loved our residents warmly and cheerfully. She had an amazing laugh and was one of our younger volunteers. She and her family have gifted us for years with their volunteering as resident caregivers (mom, Dee) and Board member (brother, Kevin).

There are many more who have gifted us these past years and who have moved on recently. We hold them in our hearts with fond memories.

On looking back to our initial journey, we used to meet in John's and my home on Northwood Drive. Back in 1995, we had a mere \$982.00 in the bank and the next year we raised \$2,715.98. In April of 1996, we were donated a house by the Perotto family, and we celebrated our first Golf Tournament. We were really on our way!

*Continued on the next page...*

## **Board of Directors:**

Sandra Stone, President  
Lena Marinelli, Vice President  
Robert K. Malone, Treasurer  
Ann Pennell, Secretary  
Joan Gardner  
Midge Monte  
Ray Neelin  
Anita Roach  
Kevin Sciacca

Lawrence Johnston, CMA  
~Financial Manager  
Joe Finetti, MD  
~ Medical Consultant  
Tracey Jagla, RN, BSN  
~Director

## **Caregiver Support:**

Sue Altpeter, RN  
Renee Capizzi, RN  
Shirley Hardy, RN  
Judy Johnson, RN  
Nancy Krewer, RN  
Nancy Stephany, RN  
Charlann Tranella, RN

## **Support Staff:**

Cathy Miller  
~Volunteer Coordinator  
Sue Stiles  
~Administrative Assistant

**Choose United Way Donor Option 2212**



## ***From the Heart of the Director.... (cont.)***

Let me name drop. You may remember some of these folks...

Our original founders, board members, and project managers: Tom Beck, Dave Wakefield, Mimi Wakefield, John Jagla, Sandy Reiss, Lorraine Thomas, Charlie Materise, RN, June Weltzer, Robert Malone, Dick and Rose Marie Lombard, then along the way: Dave Wilson, RN, Paul Olewnik, Mike Perotto, Sue Altpeter, RN, Carol Horowitz, SW, & Nancy Miller, SW... just to name a few!

John Toth was our architect. John Miller, our project manager, (who passed away at JH) worked closely with Charlie Materise, our assistant project manager and our original nurse.

We grew and grew. People moved on and left their footprint on our home and our hearts. We are grateful! With the awesome support of our community—the hospice community and our Greece and surrounding areas—we stand here today proud to be the first hospice home on the west side of Rochester. Here's to an amazing 19 years filled with joy, humble moments, and life well-lived on this journey called life at Journey Home. Thanks for being part of our home and our hearts! May we encourage and care for each other for many years to come.

*Peace,  
Tracey*

### ***Did You Know???***

- \* Diane Morgan has been making afghans for the folks at Journey Home for several years now. We asked her to share with us her reasons for doing this grand gesture..."I make the afghans for the people at Journey Home because I feel good when I can give a little comfort to someone. It makes me feel good inside that I am doing something for others. I put a tag on each one so they know that someone cares and is thinking of them. I hope it gives them comfort and a feeling of being loved." ***Thanks, Diane!***
- \* The folks at Vay, Schleich and Meeson and Rochester Cremation keep us well stocked with goodies, both healthy and sweet. It is always a pleasant surprise to open the door to their smiling faces and expressions of gratitude for what we do at JH. We are grateful for the fine relationship we share with these people.
- \* Senator Joe Robach has been involved with Journey Home since the beginning. Being a faithful member of Greece, he has always shown up at our Golf Tournaments or other events to cheer us on. It is such a special gift to us. ***Thanks, Joe!***

### ***Special Donations and Grants to Journey Home \$500.00 & Above***

- ▶ ***Jane Dobles***
- ▶ ***Gary Domenico & Barbara Buscaglia***
- ▶ ***The Hasman Family Fund***
- ▶ ***Evelyn Holmes***
- ▶ ***Vera Horak***
- ▶ ***Kiwanis Club of Greece New York Foundation***
- ▶ ***Jim and Mary Kofron***
- ▶ ***Thomas Maier***
- ▶ ***Marilyn Schneider School of Dance***
- ▶ ***Paul Muolo***
- ▶ ***Mike & Lois Riordan & Diana Gundy***
- ▶ ***Mark & Nancy Soderberg***
- ▶ ***Beatrice Trabold***
- ▶ ***Joan & Ed Tydings***
- ▶ ***Womans Club of Rochester***



*A life that touches others  
goes on **forever.***



*Gale Harrison  
Maureen Gregor  
Wilbur Peck, Jr.  
Ida Dunning  
Patricia Riordan  
Sylvia Singer  
Ronald Vogt  
Lyall Spence  
Nancy Gerwitz  
Tom VanBortle*

# Looking Through The window...

Tom's eyes are wide open! I just opened the blinds on the door looking out to our backyard. The sun is shining, the wind is blowing. Life is happening and Tom is taking it all in. The same smile we see when he sees his grandsons!

Dear Willie. He tried so hard to hang on for his grandson to be born. Lincoln came to the world two days after Willie passed away. Perhaps Willie was "making room" for his grandson, passing him on his way to heaven.

Dear Woody, such a gentleman. Always saying thank-you, even as a whisper. A cool cat, a musician who loved making music. A gentle soul who blessed our home.

Oh no! Someone slipped on the floor between the dining room and the kitchen. Pat jumped up from her chair, grabbed her walker and tried to come help. Our night angel, Mary got there first between laughs and cries of, "oh no"! Pat was "always giving".

Natalie loves her mom, they have suffered and survived so much together. A hidden strong bond is seen with endless hours of bedside chats and holding hands "on this journey" together.

Gale is sitting in front of the fireplace on the blue room side. Strong and determined is he. He even went home for turkey day! Many a smile shared, embraced with laughter and tears. "Fireside chats".

"Taking it all in, fireside chats, loving music, always giving, making room, on the journey"... Our lives at Journey Home.



"A home is a kingdom of its own in the midst of the world, a stronghold amid life's storms and stresses, a refuge, even a sanctuary."

*Dietrich Bonhoeffer*

## *Teaching Moments from an Old Hospice Nurse*

Have you ever noticed how we talk too much? Seriously, think about it. When we are nervous, we chatter; when we want to gossip, we call a friend; when we want answers, we clamor on. It is human nature. We want to be heard. I too am guilty!

Imagine yourself, so exhausted, you cannot lift your head, and someone is "chattering" incessantly. It is more exhausting than breathing at times. There is so much you want or need to say, but cannot find the energy or there is a sense of urgency because your life is ending.

There is something to be said about the art of listening. When we take a moment to really listen to our residents, they have much to teach us. I have heard gentle words of "thank-you" spoken as someone's last words, or "I love you" to a spouse or family member. I have heard words of anger that need resolution before one can leave, often leading to tears. I have heard a gasp as someone tries hard to breathe and doesn't want their family to hear them do so and more beautifully, I have heard the whispers of good-bye as someone moves from this world to the next.

Listening allows us to meet the needs of our residents, of their families and of our own hearts. For the man who is tough and strong, the quiet "thank-you, I have never had someone take care of me before", or the woman who can no longer express her sorrow, a quiet sob speaks volumes and perhaps offering a hand without my words, offers strength. When there is barely life left, words are spoken in a whisper. Listen, it may be a whisper of the heart.

When I take the time to listen, I am fed with information, treasures of someone's life that I might not have heard, much wisdom and grace. Let's put down our phones, open our ears and gather some insight into this thing called life. Speaking as an old hospice nurse...



## COME JOIN OUR TEAM OF VOLUNTEERS! WE ARE ALWAYS LOOKING TO EXPAND OUR POOL OF VOLUNTEERS!



I started to volunteer at Journey Home about 18 months ago. It took me over 20 years to get to the point where I could help other families deal with the last few months of life due to cancer. I lost three family members to this awful disease. The struggle was very difficult and I knew it would take some time before I would be able to volunteer. I was so happy that I was able to join the staff and several volunteers at Journey Home.

My daughter was recently diagnosed with breast cancer and yesterday was her last chemo treatment. Her mass has shrunk and she will have surgery next month. I told my daughter that I was going to take a break from volunteering but she said to me, "Absolutely not! You always seem so happy and share many experiences that you have had with the residences and their families.

Thank you, Journey Home, for inviting me to be a part of this wonderful family.

*Karen Cosmano*

My experience with Journey Home is something hard to put into words. I had a need to be there and help others after the loss of my brother. It has taught me dignity, humility, respect, and kindness beyond all measure with everyone I came into contact with. Just a gentle touch or a kind word carried so much weight and meant so much to someone dying. I never knew something simple could do so much. I walked away from every experience feeling invigorated and privileged because I always felt that I made a difference, no matter how small. Helping others with their journey creates a deep connection each time. It is a magical place that touches your soul every time. Although my brother was not cared for there, a part of him is there each time I go.

*Mary Pettinaro*



Margo Connelly & Patty Friedman with downtime during their shift

### **Next Volunteer Orientation Session**

**Wednesday, May 19, 2018  
6:30-9:30 pm**

**Please call Cathy Miller, our  
Volunteer Coordinator, for your  
application at 225-1240.**

*Shared with us by Leslie Daum, one of our volunteers. Thank you, Leslie, for this beautiful gift you are to our home and this special memory you have shared.*

#### **The Slumber Boat**

Baby's boat the silver moon  
Sailing in the sky,  
Sailing o'er the sea of sleep,  
While the clouds go by.  
Sail, baby, sail,  
Out upon that sea  
Only don't forget to sail  
Back again to me.  
Baby's fishing for a dream,  
Fishing near and far,  
His line a silver moonbeam is,  
His bait a silver star.  
Sail baby, sail,  
Out upon that sea  
Only don't forget to sail  
Back again to me.

*by Alice Riley*

This is a lullaby my grandmother taught my father. Then as a child, he sang it to me. My dad lived to 98 and in the last two years of his life, we would sing it each night. At the end of my dad's life, I would say to him "when the time is right, dad, you will sail home to your mother... be at peace with no more worries." Over the last few months while at JH I have sung this song to several of our residents. My hope is that they will find peace.

On the evening of October 22nd, I stood by Woody's bed. His daughter, Beatrice, was right there with us. After we talked, I sang to him this lullaby and said to him, "When the time is right, Woody, you will sail home". It seemed he looked at Beatrice and slowly took his last breaths. A cherished moment and memory for all involved.

*Leslie Daum*



#### **Attention All Volunteers**

**Please send in your  
completed survey if you  
have not yet done so.**

**Thank You!**



Tickets \$10.00

Kids 6 and under free!

Take Out Available!

The Knights of Columbus Star of the Sea Council # 11374 will be kindly donating service hours while preparing pasta, meatballs, bread, and salad.

50/50 Raffle, Bake Goods, and Beverages will be available.

## Fundraiser for Journey Home

# PASTA DINNER!

**JUNE 2, 2018, 6:00 - 7:30 PM**

St. Mark's Church Hall

54 Kuhn Road, Rochester, NY 14612

Raise a fork for a great cause!

All proceeds to help fund the operating costs of Journey Home.

Any Questions please call: 585-225-1240  
[www.journeyhomegreece.org](http://www.journeyhomegreece.org)

Clip this order form and send payment to:

JOURNEY HOME, INC., ATTN: PASTA DINNER,  
994 LONG POND ROAD, ROCHESTER, NY 14626

Tickets \$10.00 ea. X \_\_\_\_\_ = \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone Number \_\_\_\_\_

- Tickets purchased by mail will be available at check in
- Tickets also may be purchased at the door by cash, credit card, or check

## JOURNEY HOME CASH RAFFLE

Stop in and purchase your tickets at Journey Home  
or from a Journey Home Raffle Representative

**Purchase \$10 Raffle Ticket**

**1st Prize — \$2,500 | 2nd Prize — \$500**

**3rd Prize — \$500**

Raffle drawing will be held at  
Horizon Fun FX • 675 Ling Road

Tuesday, June 5, 2018 — 6-8 pm  
Actual drawing will be @ 7:45 pm  
(You do not need to be present to win)

**THIS IS AN ADULT-ONLY EVENT**

Light Refreshments will be served

Pizza, Beer, Wine & Soda will be available for purchase



*Choose United Way Donor Option 2212*



# Journey Home's 23rd Annual Golf Classic

## JOURNEY HOME'S 23rd ANNUAL GOLF CLASSIC

Monday, August 13, 2018  
Ridgemont Country Club  
3717 W. Ridge Road  
Rochester, NY 14626  
Registration Form

- ☐ Platinum Sponsor @ \$1,200 (4 Golfers w/Dinner)
- ☐ Gold Sponsor @ \$570 (2 Golfers w/Dinner)
- ☐ Silver Sponsor @ \$360 (1 Golfer w/Dinner)
- ☐ Bronze Hole Sponsor @ \$125
- ☐ Program Sponsor @ \$50

Name: \_\_\_\_\_  
Company Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_

### (Please check the appropriate boxes)

- ☐ Golf, Lunch, Dinner @ \$145/person
- ☐ Dinner only @ \$45/person
- ☐ I'm unable to participate. Enclosed please find my donation to Journey Home, Inc.

### Please reserve my player position(s)

- ☐ Positions @ \$145 each (or as per above)

Name (team captain): \_\_\_\_\_

Phone #: \_\_\_\_\_

Other members of my foursome are:

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

### Please make check payable to Journey Home, Inc.

In a separate envelope, please mail this completed registration form along with your check to the address below by, **Monday, August 3, 2018.**

Journey Home, Inc.  
Attention: Golf Classic  
994 Long Pond Road  
Rochester, NY 14626

(Note: Date was previously misprinted as August 6, 2018)



### A Day of Golf & Fun

**11:30 AM - 12:30 PM** - Registration &  
Lunch provided by Gaetano's Pizza (course side)

**12:30 PM** - Four Person Scramble Shotgun Start

**5:30 - 6:30 PM** - Cocktails & Hors d'oeuvres (cash bar)

**6:30 PM** - Dinner, Awards, Raffle,  
Silent Auction and Announcement of Winners

**GRAND PRIZE:** Large Screen TV

Dinner only - \$45.00

Any questions? Please call:

**Joe Mazzeo, Co-chair @ 225-8961 or 766-2001 (cell)**

**Or**

**Warren Hasman, Co-chair 585-329-2347**

**\$145.00 per golfer includes:**  
lunch, 18 holes of golf, greens fee,  
golf cart, appetizers  
**5:30-6:30 PM (cash bar) & dinner**



*Come enjoy a memorable day of golf,  
good times and camaraderie,  
while raising money for a great cause!*

*Get a group of your friends together & join us!*

*We really appreciate your support!*

**Choose United Way Donor Option 2212**





# Special Thank You!

The 2017 Greece Athena Boys Soccer Team donated all proceeds from the Silent Auction held at its Annual Soccer Banquet to Journey Home!



OUR JOURNEY HOME WEBSITE IS BEING REBUILT TO BETTER SERVE YOUR NEEDS AND EXPAND OUR EXPOSURE. MAKE SURE YOU CHECK IT OUT!

## Big Ticket Items Needed!



- ♦ A pull-out bed style love seat for the blue bedroom.
- ♦ Money for our Memorial Brick Walkway expansion—\$2,600.00.
- ♦ Money for the rebuilding and pump installation for our sewage/drain system—Thousands are needed for this necessary and huge project.

Thank you for your continued support and help in meeting our needs

We become what we love and who we love shapes what we become.

*Saint Claire of Assisi*



Call us

Please feel free to call and set up a Journey Home presentation or a coffee talk. We are always willing to share our mission with our community.

"Life is too short to wake up in the morning with regrets, so love the people who treat you right, forget about the ones who don't, and believe that everything happens for a reason. If you get a chance, take it. If it changes your life, let it. Nobody said life would be easy, they just promised it would be worth it."

*Harvey MacKay*

## United Way #2212

United Way



Make a donation through United Way to Journey Home Inc. by choosing **Donor Option #2212**.

To designate Journey Home as your donor choice agency, obtain a donor designation form through your campaign coordinator. Write "Journey Home" and number **"2212"**. Then return the designation form with your pledge.

To make a payment on-line, you may go to:

- [uwrochester.org](http://uwrochester.org)
- Click on the "Donate" button and complete the form
- Choose "Add Agency" and fill in the Agency Name and Code **"Journey Home 2212"**
- Add dollar amount in the box on the right.

## Friendship Soup Jar Mix

### Journey Home Friendship Soup Order Form

Name: \_\_\_\_\_

Address (optional): \_\_\_\_\_

Phone #: \_\_\_\_\_

# \_\_\_\_\_ of pint size Friendship Chicken Soup Mix x \$6.00/jar = \$ \_\_\_\_\_

\*Make checks out to "Journey Home"

\*Jars may be picked up after September 10, 2018 at:



Journey Home, Inc.  
994 Long Pond Road  
Rochester, NY 14626  
585-225-1240

Each jar is lovingly prepared by Journey Home volunteers. Thank you for your ongoing support!



Make a PayPal donation on our website with your credit card.



Choose United Way Donor Option 2212





994 Long Pond Road  
Rochester, NY 14626

Non-Profit Org.

U.S. Postage

PAID

Rochester, NY

Permit No. 1242



- ▶ Gift cards from BJ's, Wegmans, Home Depot, Lowes, Office Max or Walmart
- ▶ Stamps—regular and post card
- ▶ K-cups (tea & coffee)
- ▶ Wash cloths and hand towels
- ▶ Sturdy Placemats
- ▶ Portable CD Player (or 2) along with CD's
- ▶ Tall and small kitchen garbage bag
- ▶ Two stand up fans
- ▶ Ziplock Bags (all sizes)
- ▶ HE laundry detergent
- ▶ Unscented Dryer Sheets
- ▶ Clorox spray for bath and kitchen
- ▶ Sponges
- ▶ Lysol spray/Deodorant Sprays
- ▶ Swiffer wet jet pads, Liquid Cleaner & Dusters
- ▶ Boxes of gloves (examination type) Small, Medium & Large

### **Friendship Soup Ingredients**

- Long Grain White Rice
- Dried Split Green Peas
- Brown Lentils
- Elbow macaroni
- Pint Size Mason Jars
- Pearl Barley
- Minced Onion Flakes
- Celery Flakes

**HAVE A WONDERFUL SPRING & SUMMER!**

***Choose United Way Donor Option 2212***

